

Student information – Quick guide for Academics

Health and Wellbeing

[Crisis care](#) – 24/7 emergency numbers, mental health first aid, SHOC welfare, staying fed, reporting sexual misconduct, academic accommodations

[Mental health support](#) – mental health, personal relationships, physical health, workshops, academic accommodations

[Physical health and wellbeing](#) – UQ medical services, Oral Health Centre, disability services, sporting facilities

[Belonging and wellbeing](#) – Explore 220 affiliated clubs and societies, social meet ups, sporting, mentoring, wellbeing, mindfulness

Academic support

[Improving academic skills](#) – Library services, student services, improve English language skills workshops, peer mentoring

[UQ sites and student systems](#) – my.UQ, UQ mySI-net, Blackboard, UQ Library Student Services

[Careers and employability](#) – Faculty career resources, employability courses, boost your employability, job opportunities, financial support and grants, employability events, international travel support, domestic travel support

Settling In

[International students](#) – Student services, student visa information, immigration and legal support, living in Australia, academic and English support

[Regional, rural and remote](#) students – Accommodation, free mental health services, life in Brisbane, belonging and wellbeing

[Aboriginal and Torres Strait Islander students](#) - Aboriginal and Torres Strait Islander studies unit, reconciliation at UQ, Goorie Berrimpa Student Collective, Tutoring Assistance (ITAR), Indigenous Studies

[Become a HaBS volunteer or mentor](#) – Volunteering

Life in Brisbane

[Accommodation](#) – Colleges at UQ, UQ rentals, approved providers, guaranteed accommodation

[Transport](#) – Public transport, maps, cycling, parking

[UQ Shopping and facilities](#) – Services and facilities, banks, open to the public facilities, free dining and cooking facilities