

NEW DIETITIAN



*It's not all sweat and puff - there are multiple elements that contribute to our well being, and what we eat is a crucial part of this, particularly as our nutritional requirements can change in later life.*

*Penny Oxby, UQ Healthy Living's new qualified dietitian, is eager to empower you to achieve your goals through practical and personalised nutrition advice, care and counselling.*

UQ Healthy Living

Level 3 Centra, 37 Archer St, Toowong

Bookings P: 3443 2586

Could dietary advice be your missing piece?

Introducing Penny Oxby...

Individual Consults



UQ Healthy Living